

SALMETEROL (for Inhalation)
(Serevent®)

What does it do?

Salmeterol is a long acting medication used to open narrowed airways in the lungs, thereby relieving shortness of breath.

How should you take it?

Salmeterol should be inhaled as directed. The specific instructions for each inhaler device should be followed closely.

What if you miss a dose?

Salmeterol is usually used regularly twice a day. If an occasional dose is missed, inhale it as soon as possible.

Can you take other medicines?

Some medicines, available without prescription, may alter the effectiveness/interact with *salbutamol* including:

pseudoephedrine (contained in cold and flu preparations - ask your pharmacist)

Side effects?

Side effects with *salmeterol* that may be noticed include:

<u>Effect</u>	<u>Recommended action</u>
tremor (fine)	}
nervousness, dizziness, headache	}
sore throat, cough	} tell your doctor if troublesome
muscle aches/pains, sleep disturbances	}
stomach upset, diarrhoea, nausea	}
fast or irregular heart rate	}

Tell your doctor or pharmacist if you notice any other unusual effects that you think might be related to your medication.

Other information:

- Tell your doctor if you have heart or thyroid problems; or high blood pressure, diabetes or a hypersensitivity to lactose.
- Tell your doctor if you are pregnant or breast-feeding.
- Some patients may experience shortness of breath on taking aspirin, ibuprofen and other drugs of this class. Please consult your doctor or pharmacist before taking these.