

SODIUM CROMOGLYCATE (for Inhalation)
(*Intal[®]*, *Vicrom[®]*)

What does it do?

Sodium cromoglycate is used to decrease inflammation in the airways, thereby preventing shortness of breath.

How should you take it?

Sodium cromoglycate should be inhaled as directed. The specific instructions for each inhaler device should be followed closely.

What if you miss a dose?

Inhale *sodium cromoglycate* regularly as directed. Take the missed dose as soon as possible and continue as directed.

Can you take other medicines?

Tell your pharmacist or doctor about all other medicines or treatments you may be taking, including vitamins and herbal medicines.

Side effects?

Side effects with *sodium cromoglycate* are usually mild. Some that may be noticed include:

<u>Effect</u>	<u>Recommended action</u>
rash	} tell your doctor
shortness of breath, sore throat	}
dryness of throat, bitter taste	}
cough, wheeze, headache, dizziness	} tell your doctor if troublesome
stuffy or runny nose, stomach upset	}
joint pain	}

Tell your doctor or pharmacist if you notice any other unusual effects that you think might be related to your medication.

Other information:

- Tell your doctor if you are pregnant or breast-feeding.
- *Sodium cromoglycate* should not be used instead of your “reliever” medicine to treat an asthma attack.
- After use, rinse mouth well with water.