

## Grants



Asthma SC wishes to acknowledge the following organizations for their valued donations...The P. A. Blackmore Trust for their donation towards the cost of asthma emergency kits in South Canterbury schools and preschools; the Pakeke Lions Club of Temuka for their donation; the Community Trust of Mid and South Canterbury for their grant to support our asthma and respiratory nurse educator; the Timaru Herald for their Balloon Day donation. We sincerely appreciate this support.



**Renaissance Shanghai Pudong Hotel Shanghai, China**

### ***Who Should Attend This World Conference?***

COPD patients and their families, physicians who treat COPD patients, health care professionals, health ministers, COPD patient organization leaders, and public health workers interested in preventing COPD and improving the lives of COPD patients worldwide.

### ***Key Objectives***

- GAIN a better understanding of how to work with government health agencies to improve the lives of COPD patients and to advocate for tobacco cessation and COPD prevention.
- LEARN about practical medical approaches to improve COPD patients' quality of life.
- UNDERSTAND procedures to operate COPD patient organizations and implement their programs.
- HELP to introduce the COPD Patients' Global Bill of Rights in your country.
- Experience the vibrant medical and economic advances of the developing world and discuss the issues facing COPD care worldwide.

For more information go to [www.internationalcopd.org](http://www.internationalcopd.org)



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[asthmasc@xtra.co.nz](mailto:asthmasc@xtra.co.nz)

## World Asthma Day 2011



This event was held on 29<sup>th</sup> April with a BBQ at Mitre 10 Mega. Again committee and society members sizzled sausages with the much appreciated help of HRV staff.

Grateful thanks to those who donated prizes for the raffle: HRV, Barkers of Geraldine, Mitre10 Mega, Opihi Vineyard, Mrs Alison Sexton, and Mrs Margaret Underwood.

## Huffers and Puffers Report

Remember the support group meets on the first Tuesday of each month at the Netball Lounge at Morgans Road. To find the Netball Lounge, turn into the car park on the seaward side of the stadium and follow the driveway behind the hockey turfs. There will be a sign out at the end of the car park on the morning and parking by the door is available to us. Anyone with a respiratory condition is welcome to attend and your partner or support person is also very welcome.

If there are any changes to these arrangements, and if you have attended the group in the past 6 months, one of our members will give you a call otherwise just pop along at 10am. Be entertained by, or learn from our speakers, enjoy a cup of tea and a catch up with friends and participate in gentle exercise. You are always welcome when you can make it.

**World COPD day** is in November and we are planning a morning tea treat at the RSA. Watch this space for details.

### AGM 4<sup>th</sup> May 2011

The 2011 AGM was held on 4<sup>th</sup> May and was attended by 14 people.

The 2011/2012 committee is -

President: Pete Marshall  
Vice President: Barbara Patterson  
Treasurer: Graeme Parker  
Secretary: (acting) Margaret Underwood  
Committee: Godfrey McHardy  
Graham Gee  
Deborah Box  
Joan Harneiss  
Ian Riddle

Subscriptions for 2011/2012 now due



Thank you to those that have paid their 2011/12 subscriptions. If you have not renewed your subscription or you know someone who would like a new membership to Asthma SC please forward payment to Asthma SC asap.



## Condolences

Asthma South Canterbury wishes to extend our condolences to members who have recently lost love ones. Our thoughts go out to you.

### What has Sally been up to?

Asthma/Respiratory Nurse Sally Levie works 20 hours per week on a Tuesday, Wednesday and one other day, generally Friday. You are welcome to phone her on 6877379 for advice or support.



Understanding your respiratory condition and knowing how your medications work helps you to feel in control of your asthma or COPD, rather than feeling that it has control of you. It is especially important to seek support when things change. Maybe you or your child has been prescribed a new inhaler, maybe you are finding that you need to use your reliever medication more often, or waking in the night with symptoms, maybe you are feeling that your inhalers are not as effective as they used to be. At times like these learning a little more can make a world of difference. Talk to your GP or practice nurses, give Sally a call or phone Timaru hospital to contact community respiratory nurses.

### Newsletter Items

If you have a story, article or suggestion for the newsletter please forward to Asthma S.C.