

National Māori Asthma and Respiratory Conference

Orakei Marae — Tāmaki Makaurau

18 – 20 March 2009



Tihei Mauriora – Te hā

Symbolising the first breath and the celebration of life

Kaua e rangiruatia te hā o te hoe; e kore tō tātou waka e ū ki uta

'Do not lift the paddle out of unison or our canoe will never reach the shore'

This proverb serves to emphasise the importance of all working together if success is to be achieved.

The Asthma and Respiratory Foundation of New Zealand is pleased to announce the return of the National Māori Asthma and Respiratory Hui. Our whakatauaki for this hui '*kaua e rangiruatia te hā o te hoe; e kore tō tātou waka e ū ki uta*' highlights this organisation's commitment to working collaboratively and in partnership with Māori and non-Māori organisations. This hui is open to all Māori and non-Māori health practitioners, and community health workers.

Some facts you need to know about asthma and respiratory illness among Māori:

- Respiratory disease was the 3rd most common cause of death for Māori of all ages between 2000-2004
- Māori had higher rates of hospitalisation than non-Māori for preventable conditions and respiratory diseases such as asthma, COPD, bronchiectasis, bronchitis and bronchiolitis were significant
- Respiratory disease was the major cause for hospitalisation of Māori infants
- Respiratory disease was the 3rd highest cause of hospital admissions for Māori, and was 65% higher for Māori than non-Māori.

(Te Rōpū Rangahau Hauora a Eru Pōmare, Hauora Māori Standards of Health IV- November 2007)

"We're in the 21st century and we still have conditions that are largely preventable or very receptive to primary health care treatment affecting New Zealanders and particularly Māori so badly. It's not good enough" Jane Patterson, Executive Director, The Asthma and Respiratory Foundation – media release 20 February 2008.

The Foundation invites you to join us to help make a difference...

Topics and workshops: Update on asthma medications, inhaler techniques, nutrition, smoking cessation, asthma management, Te Ao Māori, paediatric consultation, care of the child with eczema, the addicted smoker and COPD; dynamic keynote speakers; inspirational Māori speakers; rongoā, mirimiri and much more.

For more information contact:

Sunny Wikiriwhi, Māori Services Manager
The Asthma and Respiratory Foundation
Ph: 04 4994592
Mobile: 027 4829959
Email: sunny@asthmafoundation.org.nz



The Asthma and
Respiratory Foundation
of New Zealand (Inc.)
Te Taumatua Huango,
Mate Ha o Aotearoa